

“... pursue righteousness, faith, love and peace, along with those who call on the Lord out of a pure heart”

2 Timothy 2:22

## January 10, 2021 - Better Decisions, Fewer Regrets in 2021

While I don't endorse all of Andy Stanley's theology, his recent book *“Better Decisions, Fewer Regrets: 5 Questions to Help You Determine Your Next Move,”* proves a helpful framework for decision making. The following are my summaries of the five decision-making questions:

**1. The Integrity Question: “Am I being honest with myself...really?”** What's my true motivation for this decision? *“The heart is more deceitful than all else and is desperately sick, who can understand it?”* (Jeremiah 17:9). Our ability to lie to ourselves is astounding, so why am I doing this...really? Why am I sending this email...really? Why am I changing careers...really? Why am I moving, not calling my family, buying this car, going to this school, choosing this friend...really? The solution to the integrity question is: “I will not lie to myself even when the truth makes me feel bad about myself.” The truth will *“make you free!”* (John 8:32b).

**2. The Legacy Question: “What Story do I Want to Tell?”** Every decision we make is just one paragraph in the chapter of the ultimate story of our lives. Some day others will tell stories about you and you'll be telling your story to your kids and grandkids; what kind of story do you want to tell? Will you have to skip embarrassing chapters or lie to cover up the real story? Joseph's brother's had a horrible story: “We fake killed our brother and lied about it to our dad for years.” Joseph had a great story! “I was betrayed by my brothers, sold as a slave, falsely accused by Potiphar's wife, and thrown in prison, but I stayed faithful to God through it all!” Here's the solution to the legacy question: “I will decide a story I'm proud to tell. I will not decide anything that makes me a liar for life.”



**3. The Conscience Question: “Is there a Tension that Deserves my Attention?”** Sometimes facts point in one direction, but our emotions are sending up red flags. While emotions shouldn't guide us, they shouldn't be ignored. Sometimes a decision just doesn't feel right, especially when our rationale for the decision comes crumbling down the second someone questions us: “What will your wife think?” “Aren't you trying to be debt free?” Ouch, tension in the gut! David had the perfect opportunity to kill Saul in a cave, but he just couldn't do it. It just didn't feel right to gain the kingship by murdering God's current king (1 Samuel 24:6). The solution for the conscience question? “I will pause even when I can't pinpoint the cause of my hesitation. I will explore, rather than ignore my conscience.”

**4. The Maturity Question: “What is the Wise thing to Do?”** This isn't about whether something is moral or immoral, legal or illegal, good or bad. We can easily recognize those black and white categories, but to know wise vs. foolish takes maturity and discernment. Most regrets in life don't come from our blatantly immoral choices, but rather a series of unwise choices. Paul says, *“Be careful how you walk, not as unwise men but as wise, making the most of your time, because the days are evil.”* (Ephesians 5:15-16). Solution to maturity question: “Based on my past experiences, present circumstances, and future hopes and dreams, I will make the wise choice.”

**5. The Relationship Question: “What does Love Require of Me?”** The other decisions usually lead to an immediate payoff; this one will cost you. It's easy to know what I want to do or what someone deserves for me to do. The question is, “What does love require me to do?” This question is both clarifying and terrifying, because it means, like Jesus, I have to empty myself and sacrifice for someone else (Philippians 2:7-8). Jesus gave us a new command: *“Love one another as I have loved you.”* (John 13:34). The solution to the relationship question: “I will decide with the interests of others in mind.”

### Sunday Worship Services

9 a.m. Lord's Supper Service  
9:45 a.m. Bible Class  
10:45 a.m. Praise & Preaching

Wednesday Bible Classes 7:30 p.m.

### Elders

Herb Hinely 407-339-4805  
Jeff Hunt 407-739-5266  
Joe Rimmer 407-414-7393  
Dave Weaver 407-782-1112  
Tim Welsh 407-670-8279

### Deacons

Matt Hinely, Terry Petty  
Erik Quist, Rory Salimbene  
Jack Thomas, Terry Tokash  
Emory VanCleeve

### Evangelist

Brian Messerli 407-300-2517  
  
620 Palm Springs Drive  
Altamonte Springs  
407-831-3230

# Forming Godly Habits

Adam Willingham | Sunday, January 10th, 2021

Forming godly habits requires \_\_\_\_\_ and \_\_\_\_\_.

## The \_\_\_\_\_ of Ungodly Habits

- To \_\_\_\_\_ sin ([1 John 3:4-10](#)) means to commit sin habitually.
- Hard to stop ([Jer. 13:23](#)).
- But it \_\_\_\_\_ be done ([Eph. 2:1-6](#)).

## The \_\_\_\_\_ of Godly Habits

- Practicing righteousness means habitual \_\_\_\_\_ ([1 John 2:28-29; 3:7](#)).
- Requires tremendous \_\_\_\_\_ ([2 Pet. 1:10-11](#)).

## How to \_\_\_\_\_ Our Habits

- Understand the 3 R's of habit formation: 1. \_\_\_\_\_, 2. Routine, 3. \_\_\_\_\_.
- \_\_\_\_\_ a new routine with an existing reminder.
- \_\_\_\_\_ sinful habits with godly ones ([Eph. 4:22-24; Luke 11:24-26](#)).
- Realize that \_\_\_\_\_ are what drive habits.
- Must crave God and his ways ([Matt. 5:6; Psalms 42:1](#)).
- There is great \_\_\_\_\_ in serving God ([Psalms 19:11; 1 Tim. 4:8](#)).

## Spiritual \_\_\_\_\_ Habits to Form

1. Regular \_\_\_\_\_ ([Heb. 10:24-25](#))
2. Regular \_\_\_\_\_ study ([Psalms 1:2](#))
3. Regular \_\_\_\_\_ ([Daniel 6:10](#))

# Announcements

January 10th, 2021

Please email all new announcements to [announcements@psd.church](mailto:announcements@psd.church).

## SICK/HEALTH ISSUES:

- **Rodney Rubright** is in quarantine with COVID-19.
- **Peggy Hunt** recently contracted COVID-19 and is doing well with no symptoms.
- Remember **Anna Marcotte** as she is recovering from back surgery.

## FRIENDS AND FAMILY OF PSD:

- **Rebecca Salimbene's mother, Marian Whitlock**, has been in the hospital and is suffering from isolation.
- **Joy Thomas's aunt, Sarah Copeland**, had knee replacement surgery Thursday morning. She did very well and was able to go home from the hospital Thursday afternoon.

## TRAVELING:

- **Rory and Rebecca Salimbene**

## SPECIAL ANNOUNCEMENTS:

- **Frank English passed away** January 1st. He was living with his daughter, Barbara, in South Carolina. Frank and his wife, Elizabeth, were members here for over 30 years. Elizabeth passed away a few years ago. Please pray for his family.
- **Dave Hunt's funeral** will be in Trenton on Saturday, January 30th, at 1:00pm.
- **H2H Refresher**: next Sunday, January 17th, at 2:30pm. All H2H group leaders and hosts are requested to attend.
- **Elders/Deacons/Preachers Meeting**: January 24th after the H2H refresher is over.
- **H2H** starts the week of January 24th and ends in the first week in March.

## SHUT-IN:

- |                        |                                  |
|------------------------|----------------------------------|
| • <b>Anne Dickson</b>  | • <b>Thurman and Lynna Davis</b> |
| • <b>Geny Harrison</b> | • <b>Patsy Holt</b>              |
| • <b>Peggy Hunt</b>    | • <b>Pat Steele</b>              |

## SPECIAL CONCERNS ABOUT GETTING COVID:

- **Carol Van Cleef**
- **Diane Thyben**
- **Mary Ann Rubright**



# Thankful for God Being With Me

## Secret Code

Each number stands for a letter of the alphabet. Write the correct letter in the blank to find the coded words and phrase.

### Matthew 28:20

#### Code key

A 1	J 10	S 19
B 2	K 11	T 20
C 3	L 12	U 21
D 4	M 13	V 22
E 5	N 14	W 23
F 6	O 15	X 24
G 7	P 16	Y 25
H 8	Q 17	Z 26
I 9	R 18	

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10 5 19 21 19

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9 19

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1 12 23 1 25 19

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23 9 20 8

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You can be thankful of God's

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16 18 5 19 5 14 3 5